



WHERE CAN I LEARN MORE?

Study Team Contact Information:

**Now enrolling at Duke
Kannapolis!**

Call (704) 273-5456

**Email [preventable-
kannapolis@duke.edu](mailto:preventable-kannapolis@duke.edu)**

www.preventabletrial.org

Join the largest dementia prevention study.

You could help researchers understand if taking a statin can help adults aged 75 and over maintain health by preventing dementia, disability, and heart disease.

WHY JOIN PREVENTABLE?

By taking part, you are playing an active role in your own health care and helping to generate evidence on healthy aging that may help future generations.

You may also benefit from additional memory and physical function monitoring.



Use your smart phone
camera to scan the code.



PREVENTABLE

PRagmatic EValuation of evENTS And Benefits of Lipid-lowering in oldEr adults

JULY 26, 2021

WHAT SHOULD I EXPECT IF I DECIDE TO PARTICIPATE?

Taking part in PREVENTABLE is easy. You can join the study in a clinic or from your home by phone or video conference. The study drug will be shipped to you and a study doctor will follow you by phone and through your medical records.

You will:

- Have blood drawn (for in-clinic visit only).
- Do brief memory and physical tests.
- Be randomized to take the study drug or the placebo. You will take one (1) pill a day.
- Have one (1) follow-up phone call a year. Each call should take about 30 minutes.

The study is expected to last five (5) years. You will not be charged for the study drug or any study-related procedures.

HOW CAN I PARTICIPATE?

You may be a good fit for the study if you are 75 years or older, not taking a statin, and do not have:

- Heart disease (heart attack or stroke)
- Dementia
- A significant disability that limits your basic everyday activities

WHAT IS RANDOMIZATION?

It is the best way to find out how something works. This means you will have an equal chance of being assigned the study drug (atorvastatin) or the study placebo.

WHAT IS THE STUDY DRUG?

Atorvastatin (brand name Lipitor®) is the study drug. It is a type of statin that is well known and has been prescribed to older adults for many years.

WHAT IS THE PLACEBO?

The placebo is a pill that does not have medicine in it but looks like the atorvastatin pill.

