

Values

Values are the principles that motivate the decisions you make. Knowing what we value most can make it easier to determine the type of work environment we would like to work in.

Select 5 – 10 values that resonate the most with you and then respond to the questions below.

Accountability	Discipline	Having Impact	Loyalty	Security
Achievement	Drive	Harmony	Obedience	Simplicity
Adventure	Effectiveness	Hard Work	Optimism	Spirituality
Autonomy	Efficiency	Health	Order	Structure
Balance	Environment	Helping Others	Ownership	Teamwork
Caution	Enthusiasm	Humor	Productivity	Tolerance
Challenge	Equality	Independence	Power	Travel
Clarity	Excellence	Influence	Recognition	Truth
Collaboration	Fame	Innovation	Relationships	Variety
Competition	Family	Integrity	Responsibility	Warmhearted
Creativity	Fun	Knowledge	Respect	Welcoming
Curiosity	Focus	Learning	Risk-Taking	Wisdom

Reflection Questions:

- Do your top values surprise you?
- What is your own definition of these values?
- How do you see your top values manifest in your daily life?
- Where do your values come from (i.e., from your family traditions, out of your own identity, from your experiences, etc.)?

Your answers to the above questions can help you determine the direction of your career. Once you are in the interview phase of the job search, you can determine if the role, organization, and team share the same values.